



Animal in Harmony

What you will learn in this course

In this course you will learn how to use the various substances such as essential oils, minerals and macerated oils. You will learn how to offer them to the animals and how to read their responses.

At a theoretical level you will learn about the world of plants and how they have used essential oils for millennia. Then you will see how animals have evolved to make use of these substances which the plants secrete for their own purposes.

You will learn the basic science of essential oils and the compounds they contain.

The next major component is pharmacology, learning how the constituents of plants work in the body to achieve the desired effects. Of course our animals are not concerned with pharmacology. They will simply select what they need, but it is helpful for us to understand how these oils interact with the various organs.

Finally you will learn a little about the processes of producing the various substances that we normally use.

It is important to understand that the list of oils and other substances explored in this course is not exhaustive or exclusive. There are many therapeutic plants on this planet which may vary from one geographical region to another, but this is a starting point. Later, once you have assimilated the nucleus of the work, you may find that you wish to experiment further including other plants in your kit.

How the Course Works

This is essentially a home study course so you will work through the various modules at your own pace. At the end of each lesson there will be a small test so that you can see that you have assimilated the information. If you find that certain areas are still a bit shaky, you can go back and revise them.

The profiles of all the oils that we use in zoopharmacognosy are not given in detail in the course, so you will be expected to do some reading outside.

I am available at all times for back-up when required. If anything is not clear or you have any queries, you only have to send me a message and I will reply. Another option is to arrange a webinar so that I can answer the questions you have sent to me.

At the end of Module 1 there are videos showing how to conduct a session but ideally at some point in the process attendance at a practical in-person workshop is required so that you can see in practice how a session should be run.

When all 8 modules have been completed satisfactorily a certificate will be issued to this effect. Full certification will be achieved once the required case studies have been submitted and approved.

Case Studies

When module 1 has been completed, you can begin to prepare your case studies.

- A total of 10 case studies should be presented for review.
- The first 4 studies may consist of a single session.
- The remaining case studies should reflect a series of sessions showing the animal's progress (if any).
- Each case study should include details of the substances selected by the animal, its response and any changes observed over the course of the study period
- At least 4 sessions should be recorded on video.

The case studies should be submitted to me for review as part of the assessment process.

Online Certification Course

Contents

MODULE 1 APPLIED ZOOPHARMACOGNOSY: PRACTICAL ASPECTS

SECTION 1

- Lesson 1: Introduction to zoopharmacognosy
- Lesson 2: The Food - Medicine Continuum
- Lesson 3: Body Wisdom

SECTION 2

- Lesson 4: Routes of Administration
- Lesson 5: The Olfactory System
- Lesson 6: Buccal or Sublingual Route
- Lesson 7: Topical Application

SECTION 3

- Lesson 8: Administration Protocols
- Lesson 9: Order in which to offer

SECTION 4

- Lesson 10: Reading the Animal's Responses
- Lesson 11: Purging

SECTION 5

- Lesson 12: Rose, Lavender & the Chameleon
- Lesson 13: Vetiver & Reactivity
- Lesson 14: Valerian: the importance of the administration route
- Lesson 15: Clay: how does it work?

SECTION 6

- Lesson 16: Pain
- Lesson 17: Skin Conditions
- Lesson 18: The Digestive System
- Lesson 19: Infection
- Lesson 20: Giving birth
- Lesson 21: Behaviour
- Lesson 22: Summary of Various Conditions

SECTION 7

- Lesson 23: Minerals, Algae etc.
- Lesson 24: Macerated Oils
- Lesson 25: Cold-pressed Vegetable Oils
- Lesson 26: Essential Oils
- Lesson 27: Arnica & St. John's Wort

SECTION 8

- Lesson 28: Recipes
- Lesson 29: Videos / Cases

MODULE 2 THE WORLD OF PLANTS

- Lesson 1: Plant Communication
- Lesson 2: Plant Taxonomy
- Lesson 3: Plant Cells
- Lesson 4: Plant Defences
- Lesson 5: Photosynthesis

MODULE 3 THE SCIENCE OF ESSENTIAL OILS

- Lesson 1: Basic Science of Essential Oils
- Lesson 2: Variations in Essential Oils/ Chemotypes

MODULE 4 HOW PLANTS USE ESSENTIAL OILS

- Lesson 1: How Plants Use Essential Oils
- Lesson 2: How Essential Oils can be Therapeutic

MODULE 5 THEORIES OF ZOOPHARMACOGNOSY

- Lesson 1: How animals use the essential oils in plants
- Lesson 2: Theories of Zoopharmacognosy

MODULE 6 PHARMACOLOGY: PHARMACOKINETICS

- Lesson 1: Absorption Routes
- Lesson 2: Distribution
- Lesson 3: Metabolism

MODULE 7 PHARMACOLOGY: PHARMACODYNAMICS

- Lesson 1: Pharmacodynamics
- Lesson 2: Vetiver
- Lesson 3: Anxiety
- Lesson 4: Action of Anxiolytic Oils:
- Lesson 5: Stress & Depression
- Lesson 6: Inflammation & Fever
- Lesson 7: Pain
- Lesson 8: Cancer

MODULE 8 OIL PRODUCTION PROCESSES