## Permissions & Consent

In both Tellington TTouch® and zoopharmacognosy we lay great emphasis on the concept of respect which means that we must always ask the animal for permission before doing any work. This show of respect helps lay a foundation of trust which allows the animal to feel that its silent voice is being heard.

The importance of this has been brought home to me even more forcefully since Salma arrived. She is used to accepting all the handling which one would expect of a show dog. She stands patiently and still while being groomed. She allows her ears and teeth to be cleaned without so much as a murmur. She is compliant. In view of this I have become more aware than ever of the importance of asking permission and waiting for a response before proceeding. I still do all the necessary procedures but slowly and watching her responses and at the end I reward her patience and express my gratitude.