

Vibratory Frequency of Essential Oils

This view of essential oils presented by B. Suresh may be new to some. I think you will find it interesting nonetheless.

“In 2002 when I was promoting my relaxation essential oil blend to an Autism specialist, he asked me what the science behind aromatherapy was. I could not reply to him properly. All I did was explain about the relaxation effect of my Lavender based essential oil blend.

Normal human beings have a frequency between 62 to 78Hz. People whose frequency is lower than 58Hz are prone to ill health. Hence, certain high frequency essential oils can create an environment where bacteria, viruses and fungi cannot survive. Many essential oils destroy pathogenic organisms that are resistant to chemical antibiotics. Hence, we consider essential oils as the 21st century medicine that can destroy the super bugs created by indiscriminate use of antibiotics and other chemical drugs.

Disease begins at 58Hz. and becomes more severe at lower levels. According to researchers, cancer has a frequency lower than 42. Headaches are caused by a disturbance in the electrical fields between the right and left lobes of the brain. If the frequency varies by more than 3 Hz. headaches develop. If the frequency varies by more than 10 Hz. migraine-type headaches develop. In short, balancing the electrical frequency is the key and certain essential blends have the remarkable ability to balance the electrical frequencies of the brain.

Inhaling Essential oil in a yogic way - Aroyama, the science of healing naturally - can prevent cancer and Alzheimer's. Pure essential oils have the highest frequencies of any measured natural substance.

Everything in this world vibrates. Every atom in the universe has a specific vibratory or periodic motion. Each periodic motion has a frequency (the number of oscillations per second) that can be measured in Hertz. The bio-electrical frequency of essential oils is several times greater than that of herbs and foods. They can change the frequency of cells, restoring the health of the human body.

Frequency is a measurable rate of bio-energy: human brain 72-90 MHz.; human body 62-68 MHz.; fresh herbs 20-27 MHz.; essential oils 52-320 MHz. Thoughts influence frequency. Negative thoughts lower frequency by 12 MHz. Positive thoughts raise frequency by 10MHz. Meditation increased measured frequency by 15 MHz. According to researchers, cancer has a frequency lower than 42.

The average frequencies of some therapeutic grade essential oils are as follows:

Rose (*Rosa damascena*).....320 MHz
Lavender (*Lavendula angustifolia*).....118 MHz
Blue Chamomile (*Matricaria recutita*).....105 MHz
Sandalwood (*Santalum album*).....96 MHz
Peppermint (*Mentha piperita*).....78 MHz”

The Aroyama breathing technique allows maximum delivery of therapeutic substance to the human system non-invasively by breaking through the blood brain barrier.